

Micronutrients Workshop

Save the Date!



Lynda from Serpentine Microgreens will be talking to us about the importance of micro-nutrients. Her workshop will explain all the benefits and why they are such an important source of food in our daily lives. Tickets can be purchased at the door, Members \$15 Non-Members \$20.

Date: Saturday 15th February 2020

Time: 2pm

Place: Coogee Community Hall, Arlington Loop Coogee WA

Ticket includes:

- **Entry to the workshop
- **Instructions on how to be a Microgreen gardener
- **Take home starter pack with seeds
- **Entry to the door prizes
- **Afternoon tea

Please RSVP by 10th February 2020 to secure your seat via e-mail or Facebook.
Look forward to seeing you there!

Hosted by:



e-mail: coogegardenwa@gmail.com

Facebook: Coogee Garden WA